



# Eastern States Championships at New York City Armory (Boys)

2/23/2010

Weather: Indoors

*Some Pretty Fast Times*

## 4x400 Relay

**12th Place**

Comments

Henry, Jonathan	400	49.50	<i>PR (-00.20)</i>
Helfand, Zachary	400	52.80	<i>PR (-00.40)</i>
Ramos, Kevin	400	52.70	
Williams, Jhakyses	400	50.70	<i>PR (-01.80)</i>

***New School Record***      **3:26.12**

## DMR 12-4-8-16

**8th Place**

Comments

Kelley, Michael	1200	3:15.70	<i>PR (-02.80)</i>
Henry, Jonathan	400	49.70	
Cusick, Tyler	800	2:01.50	
Scrudato, Ryan	1600	4:25.60	<i>PR (-01.10)</i>

**10:32.50**